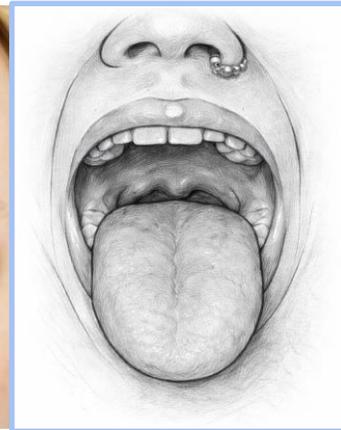
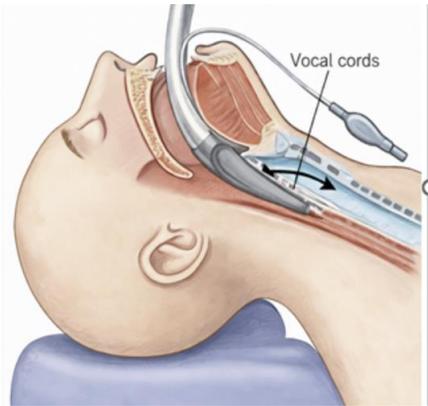


PSYCHIATRY + ANESTHESIA



1. A 30-year-old patient says that traffic lights going green is signal for him to start driving car fast and kill bad people. He also believes that he is reincarnation of god and is sent to rid earth of negativity. You find him using rhyming words like sad...bad....mad. His wife says one month ago he was fine and was an IT professional getting regular promotions. Diagnosis as per DSM-V criteria is?

- a. Schizophrenia
- b. Schizophreniform disorder
- c. Brief psychotic disorder
- d. Major depressive disorder

2. A 40-year-old man is brought to hospital by social worker. The man had been living on the streets of a busy market in Delhi disheveled condition. His family is contacted via Instagram and they say he left house in Haridwar suddenly one day after an earthquake. The patient has no memory of coming to new city and living there. Diagnosis is?

- a. Dissociative fugue
- b. Depersonalization
- c. Conversion disorder
- d. PTSD

3. You are posted at deaddiction clinic. Young teenager addicted to smack says that it helps him ejaculate spontaneously. You find him having excessive yawning with mydriasis and piloerection. Pulse is 110/min, BP 130/100 mm Hg and tremors are noted. Which drug will be used for de addiction/ detoxification initially?

- a. Naloxone
- b. Naltrexone
- c. Methadone
- d. Acamprosate

4. A 35-year-old woman presents with persistent sadness, anhedonia, poor sleep, and loss of appetite for the last 6 months. She reports that she has recurrent thoughts of ending her life and has even made a self-harm attempt in the past. She has been tried on SSRIs and cognitive-behavioral therapy for the last 8 weeks with minimal improvement. Currently, she refuses food, remains withdrawn, and expresses hopelessness. What is the most appropriate next step in management?

- a. Switch to another SSRI
- b. Add lithium as augmentation
- c. Initiate tricyclic antidepressant
- d. Electroconvulsive therapy

5. A 30-year-old corporate executive exhibits easy distractibility, indiscretion and grandiosity. His wife says he sleeps 2 hours per night and works on laptop all the time but his boss has complained of zero productivity. He is currently brought to ER by his wife in extreme agitation and violent state and is refusing to sleep. Which of the following is first line drug for this patient?

- a. Lithium
- b. Valproate
- c. Lorazepam
- d. Venlafaxine

D - Distractibility

I - Impulsivity / Indiscretion

G - Grandiosity

F - Flight of ideas

A - Activity increased (goal directed)

S - Sleep decreased

T - Talkativeness (pressured speech)

6. Best intervention to quit smoking?

- a. Venlafaxine
- b. Nicotine lozenges
- c. Nicotine transdermal patch
- d. Bupropion

7. A 45-year-old alcoholic presents with tremors, extreme agitation, insomnia and vomiting. Currently he is unconscious in the ER. USG abdomen shows shrunken liver with evidence of portal hypertension. Labs show RBS 75 mg/dl, Na = 130 meq/L with potassium 5 meq/L. What is correct management of this patient?

- a. Lorazepam
- b. Lorazepam and octreotide
- c. Lorazepam and Thiamine
- d. Lorazepam and 25% dextrose

8. Leading cause of intellectual disability in a boy who was found to have self-mutilation features is?

- a. Down syndrome
- b. Fragile X syndrome
- c. Lesch Nyhan syndrome
- d. Prader willi / Angelman syndrome

9. A 25-year-old male with a history of disorganized behavior presents to the psychiatry OPD. He reports that he frequently "hears voices" which comment about his actions to each other and are plotting to harm him. Which of the following is correct about him?

- a. Third person hallucination
- b. Second person hallucinations
- c. Complex hallucinations
- d. Extracampine hallucinations

10. A 60-year-old male alcoholic patient in the ICU after prostate surgery is noted to be restless at night, and repeatedly tries to pull out his IV lines making nursing staff call you. During the day, he was calm but you notice he is severely confused about the date and time. Vitals Pulse: 84/min, BP: 110/70 mmHg, RR: 16/min. Which is the most likely diagnosis?

- a. Acute Psychotic episode
- b. Delirium tremens
- c. Delirium
- d. Acute stress reaction

11. Nomophobia?

- a. Fear of being out of mobile phone contact
- b. Fear of being in places or situations where escape is difficult
- c. Fear of closed spaces
- d. Fear of heights

12. Run amok is seen with abuse of which of the following?

- a. Smack
- b. Marijuana
- c. Cocaine
- d. Ecstasy

13. What is “Dhaat syndrome”

- a. Preoccupation with sexual acts with animals
- b. Preoccupation with semen loss in urine and nocturnal emission
- c. Preoccupation with indigestion and poor GI health
- d. Preoccupation with wild sexual fantasies

14. Most common sequelae of traumatic brain injury is?

- a. PTSD
- b. Depression
- c. Anxiety
- d. Mood disorder

15. A 32-year-old man with chronic schizophrenia insists that his neighbours, colleagues, and even the hospital staff are actually one single person who disguises themselves in different appearances to harass him. This phenomenon is best described as?

- a. Capgras syndrome
- b. Fregoli syndrome
- c. Cotard syndrome
- d. Othello syndrome

16. Which of the following is leading cause of pseudo-dementia?

- a. Vascular dementia
- b. NPH
- c. Alcoholism
- d. Depression

17. A 70-year-old man presents with progressive memory loss, fluctuating attention, and recurrent vivid visual hallucinations of small animals in his room. On examination, he also shows features of parkinsonism. Which of the following is the most likely diagnosis?

- a. Alzheimer's disease
- b. Lewy Body Dementia
- c. Frontotemporal dementia
- d. Parkinson's disease dementia

18. Which of the following is correct about subcortical dementia?

- a. Impaired recall and normal recognition
- b. Normal recall and impaired recognition
- c. Both impaired recall and recognition
- d. Normal recall and normal recognition with basal ganglia involvement

Causes

Cortical: Alzheimer's FTD, Lewy body dementia

Subcortical: Parkinson's Huntington's Wilson's PSP, HIV, vascular

Cortical = 4 A's (Amnesia, Aphasia, Apraxia, Agnosia)

Subcortical = 3 M's (motor slowing, Mood change, Memory retrieval issue)

19. PANSS scale is used for?

- a. Diagnosis of schizophrenia
- b. Prognosis of schizophrenia
- c. Severity of schizophrenia symptoms
- d. Response to treatment in schizophrenia

20. Which of the following is not diagnostic criteria for schizophrenia?

- a. Disorganized speech
- b. Disorganized behavior
- c. Disorganized appearance
- d. Disorganized thought process

21. Which is not a part of cardinal symptoms of schizophrenia described by Bleuer?

- a. Ambivalence
- b. Autism
- c. Association disturbances
- d. Auditory hallucinations

22. Best drug for management of negative symptoms of schizophrenia?

- a. Risperidone oral
- b. Haloperidol intramuscular
- c. Clozapine oral
- d. Fluphenazine subcutaneous

23. Which substance abuse increases risk of schizophrenia?

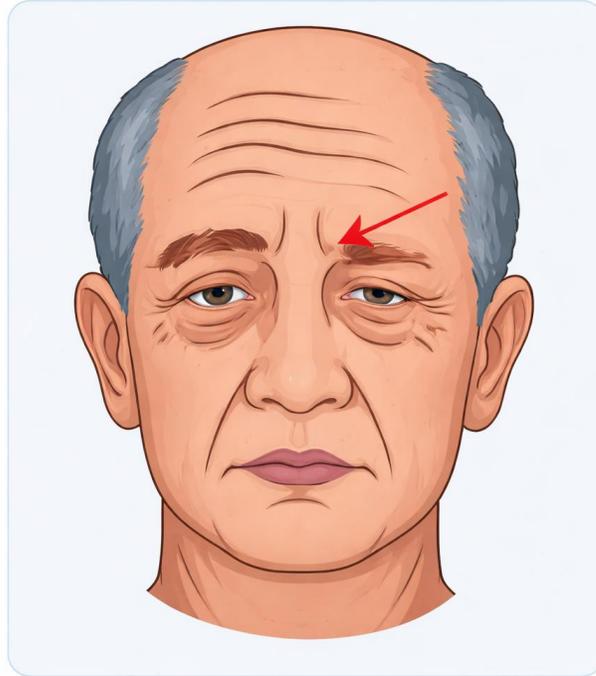
- a. Cannabis
- b. Alcohol
- c. Smoking
- d. Amphetamines

24. Which of the following is not correct about neurotransmitter changes in schizophrenia?

- a. Decreased dopamine
- b. Decreased NMDA receptor activity
- c. Decreased GABA activity
- d. Decreased serotonin activity

25. Comment on the image shown below?

- a. Omega sign
- b. Otto Veraguth sign
- c. Russel sign
- d. Gottron sign



26. Which is the correct antidote for amitriptyline toxicity

- a. Soda bicarbonate
- b. Calcium gluconate
- c. Magnesium sulphate
- d. Activated charcoal and pyridostigmine

27. MC psychiatric disorder in the world is?

- a. Major Depressive Disorder
- b. Generalized anxiety disorder
- c. Persistent Depressive Disorder
- d. Adjustment-disorder with depressed mood

28. Beck's cognitive triad in depression includes all EXCEPT:

- a. Negative view about self
- b. Negative view about the world
- c. Negative view about the future
- d. Negative view about the past

29. Which of the following is called rapid cyclers?

- a. > 2 or more episodes of mania or depression in a given year
- b. > 3 or more episodes of mania or depression in a given year
- c. > 4 or more episodes of mania or depression in a given year
- d. > 5 or more episodes of mania or depression in a given year

30. Which is correct about Bipolar II disorder

- a. Mania + major depressive disorder
- b. Mania + persistent depressive disorder
- c. Hypomania + persistent depressive disorder
- d. Hypomania + major depressive disorder

31. Phototherapy is used for management of which of the following?

- a. Cyclothymia
- b. Dysthymia
- c. Seasonal affective disorder
- d. Atypical depression

32. Most common cause of suicide is:

- a. Depression
- b. Schizophrenia
- c. GAD
- d. Postpartum blues

33. Best indicator of increased risk of suicide is:

- a. Gender female
- b. Prior attempt
- c. Comorbidity like cancer
- d. Poor family support

34. A 25-year-old primigravida is having increased tearfulness, fatigue and depressed affected 2 days after delivery. Diagnosis is:

- a. Postpartum blues
- b. Postpartum depression
- c. Postpartum psychosis
- d. Based on response to Zuranolone

35. A 28-year-old woman, 4 weeks after delivery, presents with persistent sadness, loss of interest in activities, feelings of guilt, and difficulty bonding with her newborn. She reports poor sleep and appetite, excessive fatigue, and sometimes wishes "she could just disappear." She denies hallucinations or delusions. On examination, she is oriented but tearful. What is the most likely diagnosis?

- a. Postpartum blues
- b. Postpartum depression
- c. Postpartum psychosis
- d. Adjustment-disorder with depressed mood

Feature	PP Blues	PP Depression	PP Psychosis
Onset	Day 3-5	Within 4 weeks	Within 48-72 hrs
Duration	< 2 weeks	> 2 weeks	Variable
Incidence	50-80%	10-15%	0.1-0.2%
Buzz word	Weeping/self limiting	Can't bond with baby	Danger to baby
1st line Tx	Reassurance	Sertraline (SSRI)	Hospitalization
NEW DRUG	—	Zuranolone (Zurzuvae)	Brexanolone (Zulresso)

36. Which of the following drug classes is used in diabetic neuropathy to reduce pain perception?

- a. Duloxetine
- b. Fluoxetine
- c. Paroxetine
- d. Escitalopram

37. Trofinetide is approved for management of which of the following?

- a. ADHD
- b. Autism
- c. Rett syndrome
- d. Oppositional defiant disorder

38. 1 year old girl child is brought with stereotyped movements like hand clapping and head wringing. Her pediatric notes reveal reduced head circumference increments. Interaction with parents is limited and child looks lost in own world. Diagnosis is?

- a. Autism
- b. Rett syndrome
- c. ADHD
- d. Asperger syndrome

39. A 10-year-old boy frequently gets into trouble at school and interrupts the teacher. He also disturbs other children and keeps on changing seats even when the teacher is teaching. He also bullied a classmate last week. Diagnosis is

- a. ADHD
- b. Asperger
- c. Autism
- d. Rett syndrome

40. A 10-year-old boy frequently gets into trouble at school and bullies other children regularly. He also tortured a puppy found abandoned on the road. When his father dealt with him strictly he ran away from home to be found wandering alone in market place by neighbors.

- a. Conduct disorder
- b. ADHD
- c. Oppositional defiant disorder
- d. Autism

41. Which of the following is not correct about OCD?

- a. MC obsession is with contamination
- b. Undoing is mechanism that leads to compulsions
- c. Ego-dystonia
- d. Related to oral phase of psychosexual development

42. A 30-year-old woman has been involved in multiple minor car crashes as she says she gets busy counting traffic lights and got distracted. She also repeated checks all the doors of house at night and counts all the utensils in kitchen before settling at night. Which is correct about her management?

- a. CBT and SSRI
- b. Phototherapy and SSRI
- c. Transcranial magnetic stimulation and SSRI
- d. Electroconvulsive therapy and SSRI

43. A 45-year-old man was trapped in a lift during earthquake in Japan while on a business visit. He has flashbacks, startle reactions and survival guilt for last 3 months. Which is not correct to manage this patient?

- a. Eye movement desensitization and reprocessing
- b. Exposure therapy
- c. Cognitive restructuring
- d. Transcranial magnetic stimulation

44. A 22-year-old young guy comes with complaints of impending doom and not able to breath. Symptoms started suddenly and pulse in apple watch is 110/min, BP is 120/80 mm Hg. Holter and Echocardiography reports are normal. The symptoms have been occurring for last month off and on and now patient says I am waiting for next attack. Which of the following should be started in this patient for acute management?

- a. Etizolam
- b. Escitalopram
- c. Venlafaxine
- d. Paroxetine

45. A 30-year-old woman comes with fear of developing cancer. Her mother had died of lung cancer 5 years ago. She says she cannot focus on her work and day to day functioning due to this preoccupied thought. Diagnosis is?

- a. Illness anxiety disorder
- b. Somatic symptom disorder
- c. Munchausen syndrome
- d. PTSD

46. A 30-year-old woman comes with complaints of headache lasting for years for which she takes crocin pain relief tablet but does not get relief. She also takes pantoprazole off and on for her acidity problem but no doctor has been able to give her adequate relief. Diagnosis is?

- a. Illness anxiety disorder
- b. Somatic symptom disorder
- c. Munchausen syndrome
- d. Munchausen syndrome by proxy

47. A 30-year-old multigravida is brought with sudden loss of vision and paralysis of one side of body. The patient exhibits la belle indifference. Her husband says earlier she always used to complain of lump in throat for which various doctors were connected but no diagnosis was made. Diagnosis is?

- a. Dissociative amnesia
- b. Dissociative fugue
- c. Depersonalization
- d. Conversion disorder

48. A 20-year-old boy is brought by parents due to odd ideas about telepathy, magical thinking about able to fly due to blessing of God and does not make friends. Which is correct about this patient?

- a. Schizophrenia
- b. Schizoid personality
- c. Schizotypal personality
- d. Asthenic personality

49. Splitting is a major defense mechanism in which personality disorder

- a. Antisocial
- b. Borderline
- c. Histrionic
- d. Narcissistic

50. A 35-year-old guy working in Global consultancy company says that most nights in last one year he lies in bed for more than 2 hours before he can fall asleep. His sleep is fitful and interrupted and he wakes up tired. He makes mistakes at work and trying to improve the next day by sleeping early but to no avail. Symptoms have been present for last 3 months. Which of the following will not be useful in this patient

- a. Zolpidem
- b. Ramelteon
- c. Suvorexant
- d. Oxazepam

**51. A 30-year-old man is arrested for getting out of his car and beating a taxi driver with a stick at traffic light. The victim had overtaken him from wrong side.
Diagnosis**

- a. Intermittent explosive disorder
- b. Cluster A personality disorder
- c. Cluster C personality disorder
- d. Conversion disorder

52. A 24-year-old man undergoing surgery under general anaesthesia suddenly develops a rapid rise in end-tidal CO₂ levels despite adequate ventilation. This is followed by tachycardia and muscle rigidity. What is the most likely cause?

- a. Air embolism
- b. Malignant hyperthermia
- c. Pulmonary embolism
- d. Bronchospasm

53. Which is correct about laryngoscope use and intubation for a left-handed doctor?

- a. Hold laryngoscope in left hand and introduced along right side of patient mouth displacing the tongue
- b. Hold laryngoscope in right hand and introduced along right side of patient mouth displacing the tongue
- c. Hold laryngoscope in right hand and introduced along left side of patient mouth displacing the tongue
- d. Hold laryngoscope in left hand and introduced along left side of patient mouth displacing the tongue

54. Which of the following is not correct about correct endotracheal tube placement

- a. Symmetrical bilateral chest inflation
- b. Symmetrical bilateral breath sounds
- c. Condensation in the tube
- d. FENEM CO₂ color detector color change from yellow to purple due to exhaled CO₂

55. Which is first sign of endobronchial intubation

- a. Elevated peak inspiratory pressure
- b. Asymmetric chest expansion
- c. Unilateral breath sounds
- d. Falling pCO₂

56. Anesthesiologist notes mention difficult intubation / grade IV view of larynx. This is called as which criteria?

- a. Mallampati
- b. Modified samson and young
- c. Cormack and Lehane
- d. Wilson risk

57. Angle of bevel of Endotracheal tube is at ____ degrees?

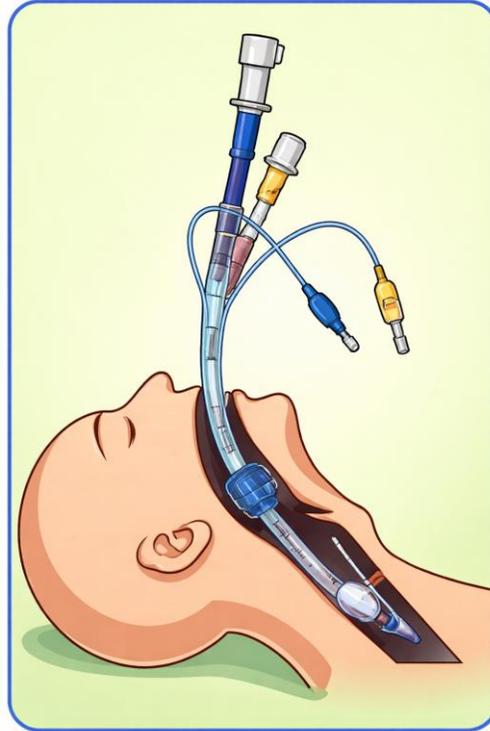
- a. 30
- b. 38
- c. 45
- d. 60

58. Cuff pressure in Endotracheal tube should be less than ___ cm H₂O to prevent tracheal mucosal ischemia?

- a. 10
- b. 30
- c. 50
- d. 60

59. The image shown below shows which of the following?

- a. Combi tube
- b. Double lumen tube
- c. RAE south tube
- d. RAE north tube



60. The following device is used for

- a. Depth of anesthesia
- b. Depth of neuromuscular blockade
- c. Time for recovery from general anesthesia
- d. Time for recovery from neuromuscular blockade



61. A 60-year-old patient is scheduled for gall bladder surgery for cholelithiasis coming morning. His ASA physical status is class III and has undergone stenting of coronary arteries last year. He is on low dose aspirin and ACEI and insulin 40 units per day. Which is correct about this case?

- a. Stop aspirin 7 days before surgery and ACEI and insulin morning dose to be stopped on day of surgery
- b. Continue aspirin on day of surgery and ACEI and insulin morning dose to be stopped on day of surgery
- c. Stop aspirin 7 days before surgery and continue ACEI and insulin on day of surgery
- d. All medicines should be stopped on day of surgery

62. The following device can deliver oxygen up to FiO₂ of

- a. 0.5
- b. 0.6
- c. 0.8
- d. 1.0



63. The following color-coded cylinder has a pin index of 1,5. It contains?

- a. Air
- b. Oxygen
- c. Carbon dioxide
- d. Entonox



64. A 25-year-old primigravida undergoes elective LSCS under spinal anesthesia. Which of the following drug will have longest duration of action?

- a. Lignocaine
- b. Hyperbaric lignocaine
- c. Hyperbaric prilocaine
- d. Hyperbaric bupivacaine

65. Leading complication of spinal anesthesia is?

- a. Occipital Headache due to leakage of CSF
- b. Bradycardia due to spinal shock
- c. Hypotension
- d. Chronic leg pain

66. Which of the following is most potent inhaled anesthetic?

- a. N₂O with MAC 105%
- b. Desflurane MAC 6%
- c. Isoflurane MAC 1.2%
- d. Halothane MAC 0.75%

67. Inhalational agent of choice for day care surgery is?

- Sevoflurane
- Isoflurane
- Desflurane
- Halothane

<p>Isoflurane</p>  <p>CLIP</p>	<p>Sevoflurane</p>  <p>School Switch on brain fast Smooth: non pungent and bronchodilator</p>	<p>Desflurane</p> 
<p>Cardiac patients (Reduces SVR) Liver disease Pheochromocytoma Sx</p>	<p>Children Day care surgery Neurosurgery</p>	<p>Global warming potential is max (Green-house gas) Most pungent</p>

68. You notice that during surgery the patient starts having hiccups. This indicates which of the following?

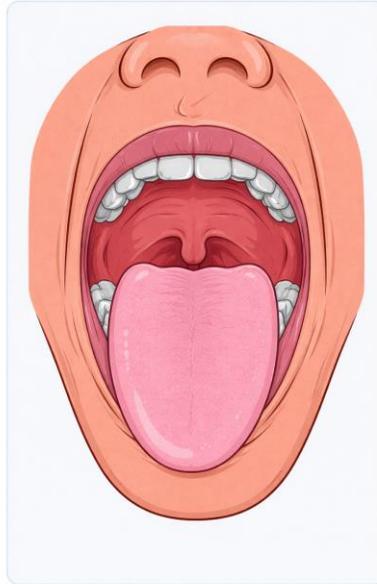
- a. Wearing off effect of muscle relaxant
- b. Overdose effect of muscle relaxant
- c. Patient will need prolonged ventilation after surgery
- d. Normal process that can occur during surgery

69. Shortest acting NDMR with rapid recovery and does not need reversal with neostigmine is?

- a. Mivacurium
- b. Rocuronium
- c. Doxacurium
- d. Vecuronium

70. The following airway by Mallampati classification is which grade?

- a. I
- b. II
- c. III
- d. IV



Class I Soft palate + Fauces + Uvula + Pillars visible

Class II Soft palate + Fauces + Uvula visible

Class III Soft palate + Base of uvula visible

Class IV Only Hard palate visible

71. Which is incorrect about endotracheal tube?

- a. Radius of curvature 12-16 cm
- b. Angle of bevel is 38 degrees
- c. Side vent at distal end is called murphy eye
- d. Cuff pressure should be > 40 cm H₂O to prevent micro aspiration of secretions

72. The image shows

- a. Berman airway
- b. Guedel airway
- c. LMA
- d. Nasopharyngeal airway



73. Distal end of this device rests on which anatomical structure?

- a. Piriform sinus
- b. Arytenoids
- c. Base of tongue
- d. Cricopharyngeus



74. Which of the following Mapleson circuit is preferred for spontaneous ventilation in adults

- a. Magill circuit
- b. Bain circuit
- c. Mapleson D circuit
- d. Mapleson F circuit



75. Function of Ruben valve in AMBU bag is

- a. Micro-aspiration of saliva
- b. Prevent exhaled air from entry into bag
- c. Increase Fio₂ delivery
- d. Pop off valve to prevent barotrauma

THANK YOU